


# St. Patrick's Primary School Aughadarragh - February Menu 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Pasta Bolognese with Crusty Bread Peas, Gravy Mashed Potatoes  Flakemeal Biscuit & Pink Sauce	Chicken Crumble or Steak Burger, Gravy Sweetcorn, Sauté or Mashed Potatoes  Semolina/ & Fruit	Oven Baked Sausages Mixed Vegetables Mashed Potatoes or Pasta  Jelly & Fruit	Roast Chicken Stuffing, Gravy Carrots & Parsnips Mashed Potatoes  Lemon Sponge & Custard	Chicken Curry & Brown Rice with Naan Bread or Homemade Pizza Baked Beans Chips or Pasta  Ice Cream Tub & Fruit
Week Two	Grilled Bacon with Stuffing, Carrots, Mashed Potatoes  Marble Sponge & Custard	Roast Chicken, Stuffing, Gravy, Broccoli & Sweetcorn, Oven Roast & Mashed Potatoes  Chocolate Cracknel & Pink Sauce	<b>Healthy Eating</b>    <b>Healthy Heart</b>	MID TERM BREAK	MID TERM BREAK
Week Three	MID TERM BREAK	Meat Balls in Bolognese Sauce with Crusty Bread, or Salmon Fishcake Mixed Vegetables, Mashed Potatoes or Champ Date Fudge & Custard	Savory MINCE Sweetcorn, Pasta, Oven Dice Potatoes  Flakemeal Biscuits, Fruit & Custard	Roast Chicken, Stuffing Gravy, Carrots & Parsnips Mashed Potatoes  Jam Sponge & Custard	Quiche Steak Burger, Mashed Potatoes Beans\Peas  Mini Ice Cream Sundae
Week Four	Oven Baked Sausages Sweet-Corn, Gravy Mashed Potatoes  Ice Cream & Strawberry Sauce	Fish Fingers, Mixed Vegetables Mashed Potatoes Or Pasta Lemon Meringue Sponge & Custard	Lasagna with Crusty Bread or Steak Burger Peas, Gravy Mashed Potatoes or Cheesy Baked Potato  Sticky Jimmies & Custard	Homemade Pizza Salad Baked Beans, Chips or Baked Potato  Frozen Yoghurt Biscuit	Gammon & Parsley Sauce Cauliflower Cheese or Carrots, Pasta or Mashed Potatoes  Shortbread Fingers & Fruit
Week Five					

# school food

[www.schoolfoodni.com](http://www.schoolfoodni.com)

**Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily**

**If you require any additional information on allergens or Special diets please contact the school in the first instance**

